

# LUNCH AND LEARN TALKS





#### Lunch and Learn and 'Twilight' Talks

Lunch and Learn talks are a great way to encourage learning and growth within your employees. It is a way of building a sense of community; especially at a time where hybrid working is more normal.

Employees are encouraged to come into the office; strengthen the work culture and personal connections. Also, these topics provoke a growth mindset: perfect for businesses who wish to be successful with excellent talent.

#### <u>Read more here.</u>



### How To Be Positively Disruptive

You have achieved excellent exam results; you have qualifications. You have conformed to reach this stage of your career.

How can you stand out? By being Positively Disruptive. This talk shares tips on how to achieve this.

Read more here.

## HOW TO BE POSITIVELY

## DICD



#### DISRUPTIVE



#### Manage your Fear & Show up with Confidence

Fear stops us all from achieving what we should.

Susan has overcome many fears and personal trauma to become an International Opera Singer and more recently an award winning business owner.

Using her knowledge of Neuroscience; techniques from the stage and experiences she shares practical ways to overcome fear and present the best version of yourself in business.

<u>Read more here.</u>



### How To Demonstrate Credibility

You have the qualifications and experience. Clients and colleagues need more to have confidence in your credibility.

This talk shares TOP TIPS on how to demonstrate your credibility in business situations.

More about this talk here.





#### **RAISE YOUR VISIBILITY** FOR **CAREER SUCCESS**



It is proven that being good at your job alone doesn't guarantee promotion and long term career SUCCESS.

In this talk, Susan shares some key tips for raising your profile and visibility.

More about this talk here.



# Raise your Visibility for **Career Success**



## Networking for Success

Building a network of connections at all levels is essential for everyone.

In this talk – which if required is interactive, Susan shares tips and strategies for building your connections.

More information about this talk here.



#### Break The Bias

A topic delivered to organisations all over the world, Susan shares why we have biases and how we could make more effective decisions in business.

This talk will challenge and empower audiences to consider new ways of making decisions.



More about this talk here.

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Whilst we are now returning to some presentations face to face, virtual presenting is here to stay.

I want you to present with impact whether you are in the room, hybrid or virtually.



#### Be a SuperStar Communicator

Susan identified key skill areas essential to communicate in all business conversations and created the SuperStar Communicator™ Methodology.

In this talk, she shares practical tips to ensure you are heard, respected and make an impact.

More about this talk here.





## Women in Leadership Communication

Do you wish to develop your female talent? Do you wish to retain your female talent and support them in more senior roles?

This talk shares top tips on how women could speak with credibility; impact and confidence in all business conversations to prepare for leadership roles.

Learn more about Women In Leadership Communication talk here.



# Equ

2023 International Women's Dass

For International Women's Day Susan Heaton-Wright is availabl for events celebrating International Women's Day; speaking about #embraceequity for a world of the future.

S U P E R <mark>S T A R</mark>

How can we create a work environment where everyone is valued? What can we do to lift others up and reach their potential? How can we reach our potential?

This talk will prompt discussions and creating an invaluable work environment.

Read more about it here.

## **Embracing Equity:** International Women's Day 2023



#### About Susan Heaton-Wright

Susan Heaton-Wright is an International Speaker; delivers interactive and engaging talks on a range of Power Skills. She has delivered speeches to multinational companies, organisations and associations; empowering audiences to make a difference.

Read more here.





#### Let's discuss how Susan could deliver a talk for your organisation.

Susan delivers talks in person and virtually. Shall we arrange a time to discuss Susan inspiring your team?

<u>Book a call here.</u> <u>Read more about the Lunch and Learn speeches here.</u>

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